**Patient Name:** LOPEZ, EDWARDO

**Date of Birth:** 06/10/1963

**Date of Service:** 05/17/2022

**History of Present Illness:**  
This is a 59 year-old right hand dominant male who presents for postop orthopedic follow-up evaluation. Patient is status post right knee arthroscopy. He has been undergoing PT and doing better.

The patient complains of right knee pain that is 7/10 only when \_\_\_\_\_\_, with 10 being the worst, which is sharp, shooting in nature. Knee pain increases with walking and improves with rest.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Left shoulder surgery, right knee arthroscopy.

**Past Accident/Injuries:**

**Daily Medications:**  
Naproxen.

**Allergies:**  
No known drug allergies

**Social History:**  
 Smoking,

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Knee:**  
Examination of the knee revealed no tenderness on palpation. No swelling. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. VMO atrophy present. Valgus & Varus stress test was stable. Range of motion Flexion 160 degrees(150 degrees normal ) Extension 0 degrees(0 degrees normal )

**Diagnostic Imaging:**  
12/02/2021 - MRI of the Right Knee reveals medial meniscal tear. Lateral meniscal tear. Tricompartmental arthrosis with joint effusion. Hamstring and gastrocnemius tendinopathy with insertional tear and bursitis. Anterior cruciate ligament mucoid change with interstitial ganglia and interstitial tear. Patella alta with lateral subluxation. Medial collateral ligament sprain at the femur.

**Assessment and Plan:**  
Diagnosis: 1. Status post right knee arthroscopy with mild weakness.  
Recommend PT, VMO strength. No brace required.

The patient’s Right Knee was examined   
MRI of the Right Knee was reviewed.   
Patient is to return to the office in 6-8 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**